

Elementary Physical Education Curriculum Framework Overview

The elementary physical education curriculum framework is based on Kentucky’s Academic Expectations, Program of Studies, Core Content for Assessment, Transformations, and Benchmarks. It is a comprehensive document to include all of the state’s curriculum. Benchmarks are included for exiting primary and 5th grade.

Students receiving physical education instruction will develop and refine their motor skills and apply these skills to activities, dance, games, and sports. They will demonstrate socially acceptable behavior and sportsmanship both as a spectator and participant. Students will learn the benefits of physical activity and the relationship between exercise, rest and nutrition to growth and development.

The elementary physical education curriculum framework intentionally repeats core content for physical activity to emphasize the need for collecting pre and post fitness testing data to evaluate student progress.

Although dance is primarily in the arts and humanities core content, the physical education curriculum framework includes dance. Both practical living and arts and humanities share some of the dance core content. It is suggested that physical education and music collaborate for dance instruction.

Term	Definition
Academic Expectations A E	From <i>Transformations: Kentucky’s Curriculum Framework</i>
Demonstrators	From <i>Transformations: Kentucky’s Curriculum Framework</i> - What students should be able to do with the content they have learned.
Core Content for Assessment (e.g., PL-E-2.2.1)	PE—Physical Education E—Elementary Item Number —Item number within a group
Program of Studies POS (i.e., POS-PE-P-6)	POS —Program of Studies PE —Physical Education Level —P (Primary), 4 (4 th Grade), 5 (5 th Grade) Item Number —Item number within a category
Competency Assurance CA	Fayette County Public Schools’ standards document