



Recommended 8th Grade Curriculum Framework

Content: Physical Education – Grade 8						
Topic: Fundamental Motor and Manipulative Skills Refinement (Week 4)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-M-2.1.1 Principles of motor skills refinement (e.g., accuracy, technique, movement) require a logical and sequential approach.</p> <p>PL-M-2.1.2 Knowledge of the combinations of locomotor (moving from one place to another) (e.g., running, skipping, hopping) and nonlocomotor (stationary) (e.g., bending, stretching, twisting) movements is necessary for improvement of transitional motor skills (e.g., punting, serving, vaulting).</p> <p>PL-M-2.2.2 Techniques (e.g., practice, self-evaluation) used to develop skills are related to performance in games and/or sports.</p>	<p>Psychomotor Skills AE 2.34 Students perform physical movement skills effectively in a variety of settings.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Combine fundamental movement activities into purposeful movement patterns. Reflect on personal motivation of psychomotor skill development. Assess psychomotor skills (e.g., individual, dual, team) mechanics and concepts. <p>POS-PE-8-7 Students will apply movement concepts (e.g., space awareness, effort, formations that occur between objects and people) in various games and sports activities.</p>					



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	<p>POS-PE-8-8 Students will demonstrate principles of motor skill refinement (e.g., accuracy, techniques, physics).</p> <p>POS-PE-8-9 Students will use basic offensive and defensive strategies in modified versions of team and individual sports.</p> <p>POS-PE-8-10 Students will critique transitional movement sequences and patterns to make recommendations for improvement.</p> <p>POS-PE-8-11 Students will develop transitional motor skills for participation in games, activities, and rhythmic movements (e.g., baseball, soccer, basketball).</p> <p>POS-PE-8-12 Students will refine techniques to achieve consistency in performance of fundamental skills (e.g., throwing, catching, kicking, striking, dribbling) in games and activities.</p>					



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	<p>POS-PE-8-13 Students will analyze object manipulation to make recommendations for improvement.</p> <p>POS-PE-8-15 Students will develop techniques and refine skills related to performance in games and sports.</p> <p>BENCHMARKS Students explain the application of movement concepts in physical activities, games, and sports to peers.</p> <p>Students demonstrate refined locomotor, nonlocomotor and transitional skill development.</p> <p>Students use offensive and defensive strategies in both team and individual activities, games and sports.</p> <p>Students use feedback from self and peers during practice to refine skills and to improve consistency and performance.</p>					



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	Students analyze object manipulation and implement changes that enhance skill and performance.					