



Recommended 8<sup>th</sup> Grade Curriculum Framework

**Content: Health Education -- Grade 8**

**Topic: Body Systems (Weeks 4-5)**

<p><b>Content</b> (What do your students need to KNOW?)</p>	<p><b>Demonstrators</b> (What do your students need to be able to DO?)</p>	<p><b>Assessment</b> (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)</p>	<p><b>Activities</b> (HOW will you teach it?)</p>	<p><b>Resources</b> (What MATERIALS will you need?)</p>	<p><b>Differentiation</b> (How will you reach the DIVERSITY of learners?)</p>	<p><b>Literacy Connection</b> (How will you use READING and WRITING with this material?)</p>
<p><b>PL-M-1.3.1</b> Diet, exercise, rest and other choices (e.g., tobacco, alcohol, and other drug use) affect body systems (e.g., circulatory, respiratory, digestive).</p>	<p><b>Personal Wellness</b>  <b>AE 2.31</b> Students demonstrate the knowledge and skills they need to remain physically healthy and to accept responsibility for their own physical well-being.  <b>DEMONSTRATORS</b></p> <ul style="list-style-type: none"> <li>Describe the interrelationships of physiological changes in body systems.</li> </ul> <p><b>POS-HE-8-12</b> Students will describe the effect of diet, exercise, and rest on body systems.</p> <p><b>BENCHMARKS</b>            Students practice personal health habits, which includes proper diet, rest, exercise, cleanliness, care of eyes, ears, teeth and skin.</p>					



*Recommended 8<sup>th</sup> Grade Curriculum Framework*

--	--	--	--	--	--	--