



Recommended Kindergarten and P1/Grade 1 Curriculum Framework

| Content: Physical Education – Kindergarten and P1/Grade 1 | | | | | | |
|--|---|--|---|---|---|--|
| Topic: Nonlocomotor Skills (Weeks 9-12) | | | | | | |
| Content (What do your students need to KNOW?) | Demonstrators (What do your students need to be able to DO?) | Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?) | Activities (HOW will you teach it?) | Resources (What MATERIALS will you need?) | Differentiation (How will you reach the DIVERSITY of learners?) | Literacy Connection (How will you use READING and WRITING with this material?) |
| <p>PL-E-2.1.1 There are fundamental motor skills for enhancing physical development.</p> <ul style="list-style-type: none"> nonlocomotor (stationary) (e.g., turning, twisting, swinging, swaying, balancing). | <p>Psychomotor Skills AE 2.34 Students perform physical movement skills in a variety of settings.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Experiment with basic motor skill movement. Exhibit self-control in motor activities. Create movement using nonlocomotion (e.g., twisting, turning). Demonstrate fundamental motor skills (e.g., nonlocomotor). <p>POS-PE-P-6 Students perform a variety of nonlocomotor skills (e.g., push, pull, twist, turn, curl, stretch, balance).</p> <p>POS-PE-P-8 Students perform nonlocomotor movements with balance, agility, and proper weight transfer.</p> | | | | | |



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| | <p>POS-PE-P-9 Students will incorporate locomotor and nonlocomotor skills in creative expression of movement alone and with others.</p> <p>POS-PE-P-20 Students will experience body control.</p> | | | | | |