



Recommended 4th and 5th Grade Curriculum Framework

Content: Physical Education – Grades 4 and 5						
Topic: Fundamental Manipulative Skills in Simple Games (Weeks 20-24)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-E-2.1.2 There are fundamental manipulative skills (e.g., hitting, kicking, throwing, catching, striking, dribbling).</p>	<p>Psychomotor Skills AE 2.34 Students perform physical movement skills effectively in a variety of settings.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> • Experiment with basic motor skill movement. • Exhibit self-control in motor activities. • Demonstrate fundamental motor skills (e.g., locomotor, nonlocomotor, object manipulation) and movement concepts (e.g., body, effort, space awareness). <p>POS Students will perform fundamental skills (e.g., throwing, catching, kicking, striking, jumping, dribbling) while improving speed-accuracy.</p> <p>POS Students will develop multi-combination of movements required for</p>					



Recommended 4th and 5th Grade Curriculum Framework

Content: Physical Education – Grades 4 and 5						
Topic: Fundamental Manipulative Skills in Simple Games (Weeks 20-24)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
	<p>successful involvement in sports and physical activities.</p> <p>POS Students will develop and refine movement patterns using locomotor (e.g., walk, run, hop) and nonlocomotor (e.g., push, pull, twist, turn, curl, stretch, balance) skills and manipulatives.</p> <p>POS Students will demonstrate proficiency in a variety of movement skills.</p> <p>POS Students will apply movement strategies in various games and sports.</p> <p>BENCHMARKS Students demonstrate skilled fundamental movement.</p> <p>Students develop competency in performing locomotor and nonlocomotor movements with and without manipulatives.</p>					



Recommended 4th and 5th Grade Curriculum Framework

Content: Physical Education – Grades 4 and 5

Topic: Fundamental Manipulative Skills in Simple Games (Weeks 20-24)

Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-E-2.3.1 Basic rules for participating in simple games (e.g., tag, four-square) and activities (e.g., relays, parachute) are needed to make games fair.</p> <p>PL-E-2.3.2 Rules of behavior and sportsmanship for spectators and participants during games and/or activities make them safe and enjoyable.</p>	<p>Students analyze the complex movement patterns used in physical activities, games and play.</p> <p>Students explain and analyze movement using appropriate movement terminology and vocabulary.</p> <p>Lifetime Physical Activities AE 2.35 Students demonstrate knowledge and skills that promote physical activity and involvement in physical activity throughout their lives.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Identify components of acceptable and unacceptable behaviors in various physical activities. Apply and use guidelines for the safe use of equipment and apparatus as related to lifetime physical activities. Investigate the role of practice for successful 					



Recommended 4th and 5th Grade Curriculum Framework

Content: Physical Education – Grades 4 and 5						
Topic: Fundamental Manipulative Skills in Simple Games (Weeks 20-24)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
	<p>participation in simple games and sports.</p> <ul style="list-style-type: none"> Apply fundamental strategies in simple games and activities. <p>POS Students will refine practice techniques to achieve consistency for a variety of physical activities.</p> <p>POS Students will demonstrate sportsmanship (e.g., complying with rules, responding appropriately) in games and sports activities.</p> <p>BENCHMARKS Students demonstrate and apply sportsmanship and cooperation in games, sports and activities.</p> <p>Students comply with the rules of games, sports and activities.</p> <p>Students refine practice techniques to achieve consistency for a variety of physical activities.</p>					



Recommended 4th and 5th Grade Curriculum Framework

Content: Physical Education – Grades 4 and 5						
Topic: Fundamental Manipulative Skills in Simple Games (Weeks 20-24)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
	Students develop an after school recreational plan that emphasizes regular participation in physical exercise and activity.					