



Recommended P2/Grade 2 and P3/Grade 3 Curriculum Framework

| Topic: Lifetime Physical Activities (Weeks 33-36) | | | | | | |
|--|--|--|---|---|---|--|
| Content (What do your students need to KNOW?) | Demonstrators (What do your students need to be able to DO?) | Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?) | Activities (HOW will you teach it?) | Resources (What MATERIALS will you need?) | Differentiation (How will you reach the DIVERSITY of learners?) | Literacy Connection (How will you use READING and WRITING with this material?) |
| PL-E-2.2.3 The body changes gradually as a result of continuous physical activity and effort. | <p>Lifetime Physical Activity AE 2.35 Students demonstrate knowledge and skills that promote physical activity and involvement in physical activity throughout their lives.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> • Students will identify and investigate health benefits that result from regular participation in physical activity. • Students will develop a personal interest in participating in physical activities. • Students will refine practice techniques to achieve consistency for a variety of physical activities. • Apply and use guidelines for the safe use of equipment and apparatus as related to lifetime physical activities. • Apply fundamental strategies in simple | | | | | |



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| Content: Physical Education – P2/Grade 2 and P3/Grade 3 | | | | | | |
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| Content (What do your students need to KNOW?) | Demonstrators (What do your students need to be able to DO?) | Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?) | Activities (HOW will you teach it?) | Resources (What MATERIALS will you need?) | Differentiation (How will you reach the DIVERSITY of learners?) | Literacy Connection (How will you use READING and WRITING with this material?) |
| | <p>games and activities.</p> <p>BENCHMARKS Students participate in regular physical activity and exercise.</p> | | | | | |