



Recommended P2/Grade 2 and P3/Grade 3 Curriculum Framework

Content: Physical Education – P2/Grade 2 and P3/Grade 3						
Topic: Nonlocomotor Skills (Weeks 13-14)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-E-2.1.1 There are fundamental motor skills for enhancing physical development:</p> <ul style="list-style-type: none"> nonlocomotor (stationary) (e.g., turning, twisting, swinging, swaying, balancing). 	<p>Psychomotor Skills AE 2.34 Students perform physical movement skills effectively in a variety of settings.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Experiment with basic motor skill movement. Exhibit self-control in motor activities. Create movement using nonlocomotion (e.g., twisting, turning). <p>POS-PE-P-6 Students perform a variety of nonlocomotor skills (e.g., push, pull, twist, turn, curl, stretch, balance).</p> <p>POS-PE-P-8 Students will perform increasingly complex locomotor and nonlocomotor skills with balance, agility and weight transfer.</p>					



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<p>PL-E-2.2.2 Frequent practice contributes to improved performance.</p>	<p>POS-PE-P-9 Students will incorporate locomotor and nonlocomotor skills in creative expression of movement alone and with others.</p> <p>BENCHMARKS Students demonstrate complex combinations of controlled locomotor and nonlocomotor movements playing games and/or during creative play and dance.</p> <p>Lifetime Physical Activities AE 2.35 Students demonstrate knowledge and skills that promote physical activity and involvement in physical activity throughout their lives.</p> <p>POS Students demonstrate practice techniques and use feedback to improve skills.</p> <p>BENCHMARKS Students use peer provided feedback to modify practice techniques in order to improve</p>					



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	skill learning and development.					