



Recommended Kindergarten and P1/Grade 1 Curriculum Framework

Content: Health Education – Kindergarten and P1/Grade 1						
Topic: Behavioral Choices and Habits (Weeks 12-14)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-E-1.3.2 There are good health and hygiene practices (e.g., hand washing, using tissues, not sharing combs) that affect self and others and assist in preventing the spread of diseases (e.g., colds, influenza) and parasites (e.g., lice).</p> <p>PL-E-1.33 There are strategies (e.g., diet, exercise, rest, immunization) to promote good health and prevent childhood illnesses and communicable and noncommunicable diseases.</p> <p>PL-E-1.3.4 Young children's health habits and behaviors (e.g., substance use/abuse, dietary and exercise habits) affect physical health.</p>	<p>Personal Wellness AE 2.31 Students demonstrate the knowledge and skills they need to remain physically healthy and to accept responsibility for their own physical well-being.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Students will explore measures for preventing and controlling diseases. <p>POS-HE-P-18 Students will identify basic health habits (e.g., hand washing, care of teeth and eyes, covering coughs and sneezes, sun protection) which affect self and others and prevent spread of disease.</p> <p>POS-HE-P-19 Students will practice good habits of personal grooming and cleanliness.</p>					



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	POS-HE-P-20 Students will describe the importance of regular visits to health care providers.					