



Recommended 4th and 5th Grade Curriculum Framework

Content: Health Education – Grades 4 and 5						
Topic: Body Systems (Weeks 9-14)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
<p>PL-E-1.3.1 The major body systems (e.g., circulatory, respiratory, digestive) are affected by diet, exercise, and rest.</p>	<p>Personal Wellness AE 2.31 Students demonstrate the knowledge and skills they need to remain physically healthy and to accept responsibility for their own physical well-being.</p> <p>DEMONSTRATORS</p> <ul style="list-style-type: none"> Develop awareness of interrelatedness of body functions and the impact of lifestyle choices on body systems. <p>POS-HE-5-9 Describe the impact of diet, exercise, and rest on health and disease prevention.</p> <p>BENCHMARKS Students understand the impact of diet and nutrition on growth and development.</p>					



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