



Recommended 4th and 5th Grade Curriculum Framework

Content: Health Education – Grades 4 and 5						
Topic: Growth and Development (Weeks 5-6)						
Content (What do your students need to KNOW?)	Demonstrators (What do your students need to be able to DO?)	Assessment (How will you assess what your students ALREADY KNOW, and assess WHAT THEY'VE LEARNED?)	Activities (HOW will you teach it?)	Resources (What MATERIALS will you need?)	Differentiation (How will you reach the DIVERSITY of learners?)	Literacy Connection (How will you use READING and WRITING with this material?)
PL-E-1.2.1 Physical, social, and emotional changes occur during preadolescence and adolescence.	<p>Individual Well-Being</p> <p>AE 2.29 Students demonstrate skills that promote individual well-being and healthy family relationships.</p> <p>POS Recognize and describe changes (e.g., physical, emotional, social) that occur during adolescence.</p> <p>CA Evaluate and select actions which can enhance growth, development and wellness</p> <p>BENCHMARKS Students recognize that growth and development are unique to each person.</p>					



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